



# Appointment of a Health Care Agent

## Vermont Advance Directive for Health Care Decisions

YOUR NAME

DATE OF BIRTH

DATE

ADDRESS

CITY

STATE

ZIP

Your **health care agent** can make health care decisions for you when you are unable or unwilling to make decisions for yourself. You should pick someone that you trust, who understands your wishes and agrees to act as your agent. Your health care provider may NOT be your agent unless they are a relative. Your agent may **NOT** be the owner, operator, employee or contractor of a residential care facility, health care facility or correctional facility where you reside at the time your advance directive is completed.

I appoint this person to be my health care **AGENT**:

AGENT NAME

EMAIL

ADDRESS

HOME PHONE

WORK PHONE

CELL PHONE

(If you appoint **CO-AGENTS**, list them on a separate sheet of paper)

If this agent is unavailable, unwilling or unable to act as my agent, I appoint this person as my **ALTERNATE AGENT**:

ALTERNATE  
AGENT NAME

EMAIL

ADDRESS

HOME PHONE

WORK PHONE

CELL PHONE

Others who may be consulted about medical decisions on my behalf include:

Primary care provider (Physician, PA or Nurse Practitioner):

NAME

PHONE

ADDRESS

NAME

PHONE

ADDRESS

Those who should NOT be consulted include:

---

General Comments About My Health Care Goals:

**SIGNED DECLARATION OF WISHES**

You must sign this before TWO adult witnesses. The following people may not sign as witnesses: your agent(s), spouse, parents, siblings, children or grandchildren.

I declare that this document reflects my health care wishes and that I am signing this Advance Directive of my own free will.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

I affirm that the signer appeared to understand the nature of this advance directive and to be free from duress or undue influence at the time this was signed. (Please sign and print)

FIRST WITNESS (PRINT NAME)

ADDRESS

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

SECOND WITNESS (PRINT NAME)

ADDRESS

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

If the person signing this document is being admitted to or is a current patient or resident in a hospital, nursing home or residential care home, an additional person (designated hospital explainer, patient representative, long-term care ombudsman, member of the clergy, Vermont attorney, or person designated by the Probate Division of the Superior Court) needs to confirm below that he or she has explained the nature and effect of the Advance Directive and that the patient or resident appears to understand this.

NAME

TITLE/POSITION

PHONE

ADDRESS

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

The following have a copy of my Advance Directive (please check):

Vermont Advance Directive Registry DATE REGISTERED:

Health care agent          Alternate health care agent

Doctor/Provider(s):

Hospital(s):

Family Member(s):